

## RAPID DETECTION OF FLUCONAZOLE RESISTANCE IN *CANDIDA TROPICALIS* BY MALDI-TOF-MS

Shivi Saxena, Rupal Sengar

Assistant Professor, Jayoti Vidyapeeth Women's University Jaipur, faculty of Physiotherapy & Diagnostics

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**Address for Correspondence:** Shivi Saxena, Assistant Professor, Jayoti Vidyapeeth Women's University Jaipur, faculty of Physiotherapy & Diagnostics

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### Abstract

The study of disease transmission and development of antifungal opposition among *Candida* species, rapid antifungal susceptibility testing (AFST) is essential for streamlining of antifungal treatment. This investigation was directed to institutionalize a matrix-assisted laser desorption ionization-time of flight mass spectrometry (MALDI - TOF MS) based AFST strategy (ms- AFST) for helplessness of *Candida tropicalis* detaches. Clinical secludes of *C. tropicalis* were affirmed for fluconazole obstruction by the CLSI (M27-A3) strategy. The incubation period and medication concentration were advanced to decide the insignificant profile change concentration (MPCC) by MALDI-TOF MS. The information were broke down first by direct visual perception of the spectra pursued by composite connection list (CCI) matrix investigation, virtual gel investigation, and group examination for affirmation. At long last, the connection between's minimum inhibitory concentrations (MICs) and MPCCs was assessed. A sum of 14 fluconazole resistance (MICs extending from 15 to 127 $\mu$ g/ml) and 18 fluconazole subseptible *C. tropicalis* segregates (MIC  $\leq$ 1 $\mu$ g/ml) were incorporated into this examination. All *C. tropicalis* separates had noteworthy otherworldly changes after 4h concentration with fluconazole. Of 33 confines, MPCCs what's more, MICs were equal for 15 disengages, and the MPCC was one weakening lower than the particular MIC in the rest of the 17 secludes. This finding was additionally upheld by visual investigation, CCI framework examination, virtual gel and chief part examination dendrogram investigation. The relationship among's MPCC and MIC was huge (P <.05). In this way, a MALDI-TOF MS based AFST examine might be utilized as a fast screening procedure for fluconazole against in *C. tropicalis*.

**Key words:** matrix assisted laser desorption ionization-time of flight mass spectrometry, composite correlation index, principal component analysis, *Candida tropicalis*.

### Introduction:

*Candida* species are the commonest specialists causing intrusive parasitic contaminations in people. Already, *Candida albicans* was considered as the transcendent pathogen be that

as it may, non-*Candida albicans* *Candida* (NCAC) species have risen as the prevalent pathogens in Asian nations.<sup>1,2</sup> In India, *Candida tropicalis* is the commonest specialist pursued by *C. albicans*, *C. krusei*, *C. parapsilosis*, and *C. glabrata* in candidemia patients.<sup>1</sup> The changing the study of

disease transmission of Candida contamination is incompletely credited to the abuse and overuse of antifungal medications particularly fluconazole.<sup>2,3</sup> Several investigations from India have revealed rise of azole resistance in purportedly powerful *C. albicans* and *C. tropicalis*.<sup>1</sup> Both Clinical and Laboratory Standards Institute (CLSI) and European Committee on Antibiotic Susceptibility Testing (EUCAST) affirmed broth microdilution (BMD) strategies for antifungal vulnerability testing for Candida species.<sup>4-6</sup> The assurance of least inhibitory focuses (MICs) by these techniques are tedious and may change among various settings.<sup>7,8</sup> Other strategies including E-test, Sensititre, what's more, Vitek-2 are likewise accessible for antifungal susceptibility testing (AFST) yet may not correspond well with the reference standard methods.<sup>9</sup> In vivo models were additionally produced for deciding MICs yet neglect to connect with *in vitro* methods.<sup>10</sup> A straight forward, fast, and financially savvy technique like matrix-assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF MS) based antifungal susceptibility testing (ms-AFST) might be utilized to approve the customary AFST strategies.

Matrix-assisted laser desorption ionization-time of flight mass spectrometry is a rising strategy in clinical microbiology for quick distinguishing proof of clinical pathogens.<sup>11,12</sup> However, with the rise of medication resistance in microorganisms, AFST is urgent for advancement of treatment. A few examinations revealed the utilization of MALDI TOF-MS based antimicrobial vulnerability testing in microbes.<sup>13-15</sup> But the clinical utilization of this procedure for routine AFST isn't approved right now. An examination by De Carolis et al. revealed the utilization of a ms-AFST for recognizable proof of caspofungin-resistant separates of Candida what's more, Aspergillus by a composite connection record (CCI) approach.<sup>16</sup> Similar investigations likewise detailed the identification of fluconazole and triazole resistance in Candida by ms-AFST.<sup>17,18</sup> More examinations are required to approve

what's more, improve this novel procedure. In this examination, we assessed the ms-AFST technique for distinguishing proof of fluconazole resistance against among *C. tropicalis* clinical safe isolates.

#### METHODS:

Yeast isolates and antifungal susceptibility testing (AFST) The safe and vulnerable clinical isolates of *C. tropicalis* were acquired from National Culture Collection of Pathogenic Fungi (NCCPF), Chandigarh, India ([www.nccpf.com](http://www.nccpf.com)). The isolates were resuscitated on Sabouraud dextrose agar (SDA; Himedia India) and were reconfirmed for azole resistance by disk diffusion method according to CLSI convention M44-A2.<sup>4</sup> The outcome was additionally affirmed by the BMD strategy (M27-A3) as indicated by standard CLSI rules. The cut-off MIC values for resistant and safe isolates were resolved according to the M27-S3 interpretive rules of CLSI.<sup>6</sup> In brief, the cell tally was balanced to  $1 \times 10^6$  to  $5 \times 10^6$  cfu/ml spectrophotometrically at an optical thickness of 0.08–0.12 at 529nm. Fluconazole stock (12.8mg/ml) solution was utilized for dilution of drugs. Drug concentration extending from 127 to 0.124µg/ml was utilized for vulnerability testing. A half restraint in development in contrast with a development control was noted as the MIC after 24h brooding. *Candida parapsilosis* (ATCC 22019) furthermore, *Candida krusei* (ATCC 6258) were utilized as quality control strains. Streamlining of incubation period and drug concentration to decide the minimal profile change concentration (MPCC) One every one of safe (NCCPF-420193) and susceptible isolates (NCCPF-420203) were utilized for beginning standardization of MPCC by MALDI-TOF MS. In a word, crisp development of *C. tropicalis* was immunized in yeast separate peptone dextrose (YPD) juices (Himedia) and brooded medium-term in a shaker at 37°C. One ml ( $1 \times 10^6$  cells/ml) from the medium-term development was then moved into a 250-ml conelike jar containing 30 ml YPD broth.<sup>17</sup> The way of life were uncovered at groupings of fluconazole going from 0.124 to 127µg/ml. One

untreated culture was utilized as control. The societies were brooded at 37°C and reaped at 2, 4, 8, 12, 16, and 20h interims. Cell pellets acquired by centrifugation at 13,000 rpm were at that point exposed to protein extraction pursued by MALDI-TOF MS investigation. Spectra were caught and examined for each strain under various culture conditions, that is, brooding periods and medication concentrations.<sup>16</sup> Test arrangement for MALDI-TOF MS examination Both on-plate and off-plate extraction strategies were utilized for test arrangement of MALDI-TOF MS. The protein was removed from organisms as indicated by the method depicted from our laboratory.<sup>11</sup>

### **MALDI-TOF MS estimation**

A Microflex LT Biotyper instrument (Bruker Daltonics, Bremen, Germany) was utilized for MALDI-TOF MS examination. Bruker suggested bacterial test standard (BTS 8255343) was utilized to align the instrument. As the most unmistakable, clear and noteworthy spectra lie in a mass scope of 5000 to 10000 m/z, protein mass spectra of tests were obtained by Flex Control 3.4 programming (Bruker Daltonics) in the previously mentioned locale. Laser recurrence for each run was 60Hz with a direct positive mode. The default settings of the MALDI-TOF MS instrument were as pursues: focal point; 8.5 kV, particle source 1; 20 kV and particle source 2; 18.1 kV. Flex control programming naturally procured the range of each spot. Every range was created by 240 laser shots (40 laser shot strides at six haphazardly chose places of a solitary spot). The quality of raw spectra was investigated by Flex Analysis 3.0 programming (Bruker Daltonics), furthermore, every range produced was broke down specifically against reference spectra. Further information were investigated by MALDI Biotyper 3 programming (Bruker Daltonics MC, Italy).<sup>11</sup> Negligible profile change fixation identification by MALDI-TOF MS.

MPCC is the minimum drug (fluconazole) concentration at which the mass spectra

profile/unique mark changes. Visual investigation techniques were utilized for the recognition of MPCC by MALDI-TOF MS. The procured spectra were in this way transferred to Flex Analysis programming in MALDI TOF Biotyper what's more, outwardly broke down subsequent to smoothing and baseline subtractions.<sup>16</sup> The visual investigation examination of MPCC was applied to all isolates after initial standardization.

Programming based investigation The finding of the visual investigation strategy was further affirmed by three programming based investigations: CCI matrix analysis, virtual gel examination, and cluster analysis. To total things up, CCI framework examination was executed as pursues. Flex control programming was set in mass scope of 5000 to 10000 m/z to accomplish uniform spectra and to dodge the block from undesirable spectra. Procured spectra were along these lines broke down by the instrument in the MALDI Biotyper programming to decide composite relationship record (CCI).<sup>13</sup> The CCI network was utilized to decide the connection between procured spectra measurably.

### **RESULTS**

An aggregate of 34 isolates were tested by disk diffusion method; 13 were found resistant, two susceptible dose dependent (SDD), and 19 susceptible against fluconazole. Susceptibility profiles of these 34 strains were additionally affirmed by the CLSI BMD technique, and those 13 isolates were reconfirmed as safe against fluconazole with MICs extending from 16µg/ml to 128µg/ml. Two SDD isolates by the disc diffusion method were observed to be safe by the BMD technique. Out and out, 15 safe and 19 vulnerable secludes were examined all through the examination. MPCC assurance by MALDI TOF MS In visual investigation examination, both the safe (NCCPF- 420193) and defenseless confines (NCCPF-420203) appeared unearthly changes after 4h when tested with 128µg/ml furthermore, 1µg/ml fluconazole, separately. On looking at MPCC results with individual MICs, ghastly changes were seen in both resistant and

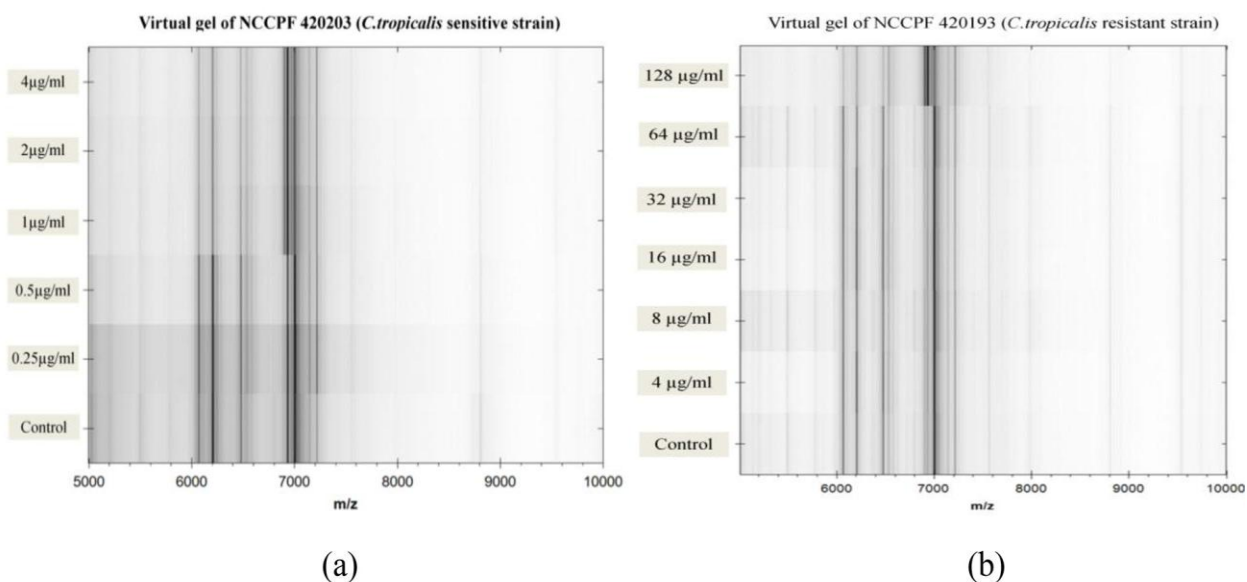
susceptible isolates in correlation with the untreated control. Of the 15 fluconazole safe disconnects, only MPCCs of four isolates were actually equivalent to MICs, while MPCCs of 11 disengages were one level lower to individual

MIC sedate fixations. In the event that of defenseless segregates, MPCCs for 11 out of 19 disengages coordinated with MICs, though eight separates had otherworldly changes at one weakening lower than their comparing MICs.

**Table1. Antifungal disc diffusion and broth dilution susceptibility testing of *Candida tropicalis* resistant and susceptible strains**

NCCPF no	Disc diffusion susceptibility testing		Broth dilution antifungal susceptibility testing		MPCC (µg/ml)
	Zone diameter (25µg/ disc)	Susceptibility	MIC (µg/ml)	Susceptibility	
420182	No zone	R	16	R	32
420183	No zone	R	16	R	16
420184	12	R	32	R	16
420185	14	R	32	S	8
420186	16	SDD	64	S	0.5
420187	No zone	R	16	R	0.15
420188	No zone	R	64	R	16
420189	17	SDD	128	S	0.5
420190	12	R	16	R	18
420191	16	SDD	64	S	0.8

MIC, minimum inhibitory concentration; MPCC, minimal profile change concentration detection; R, resistant; S, susceptible; SDD = susceptible-dose dependent.



**Figure 1:** Virtual gel analysis by special tool in MALDI Biotyper 3 revealing changes in band pattern at MIC levels of *C. tropicalis* exposed to increasing concentration of fluconazole. X axis represents the m/z values and y axis represents running spectra acquired at different drug concentration of fluconazole of (a) *C. tropicalis* susceptible (NCCPF 420203; MIC 1µg/ml) and (b) resistant (NCCPF 420193; MIC 127µg/ml) isolate. This Figure is reproduced in color in the online version of *Medical Mycology*.

## CONCLUSION

MALDI-TOF MS-based antimicrobial susceptibility testing is a novel approach and has been established for bacterial strains in a clinical setting.<sup>19–21</sup> However, unlike bacteria, very few studies have evaluated the accuracy of ms-AFST in clinical laboratories. The resistant and susceptible *C. tropicalis* strains confirmed by BMD method were included for standardization of ms-AFST in this study.

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